

# The Joy of Bird Watching

Fill in the blanks below to complete the crossword puzzle on the next page!

Bird-watching is a great family-friendly activity which involves a slower rhythm of life and promises to relax the nerves and calm the senses. Our parks and nature reserves are also maintained to attract a number of bird             
*ACROSS 7* and to facilitate the creation of suitable            *DOWN 2* for them. This means you can look forward to seeing our feathered friends all around our many green spaces!

Experienced birders may appear daunting with their heavy             
*ACROSS 6* or field gear, but really, all you need are your eyes, ears and some patience. Of course a handy pair of            *ACROSS 3* or a camera with a zoom function will help.

First-time bird watchers should head to our gardens, nature areas and parks from around 7 am to 9 am. While you may spot birds at any time, early mornings are usually recommended as most birds are            *DOWN 5* during this period.

Suggested parks and nature areas you can head to include Sungei Buloh Wetland Reserve, a haven for            *ACROSS 8* birds, Bukit Timah Nature Reserve, a primary            *DOWN 1* with a high degree of biodiversity, and Labrador Park, which attracts a great number of sea birds.

Join us in our regular Garden Bird Watch sessions, where you will have opportunities to team up with fellow like-minded            *DOWN 4* to spot the different bird species. Garden Bird Watch is part of the NParks Community in Nature Biodiversity Watch series, which helps us gather valuable information about our birds. Visit [www.nparks.gov.sg/biodiversity/community-in-nature-initiative/nparks-garden-bird-watch](http://www.nparks.gov.sg/biodiversity/community-in-nature-initiative/nparks-garden-bird-watch) to find out more.



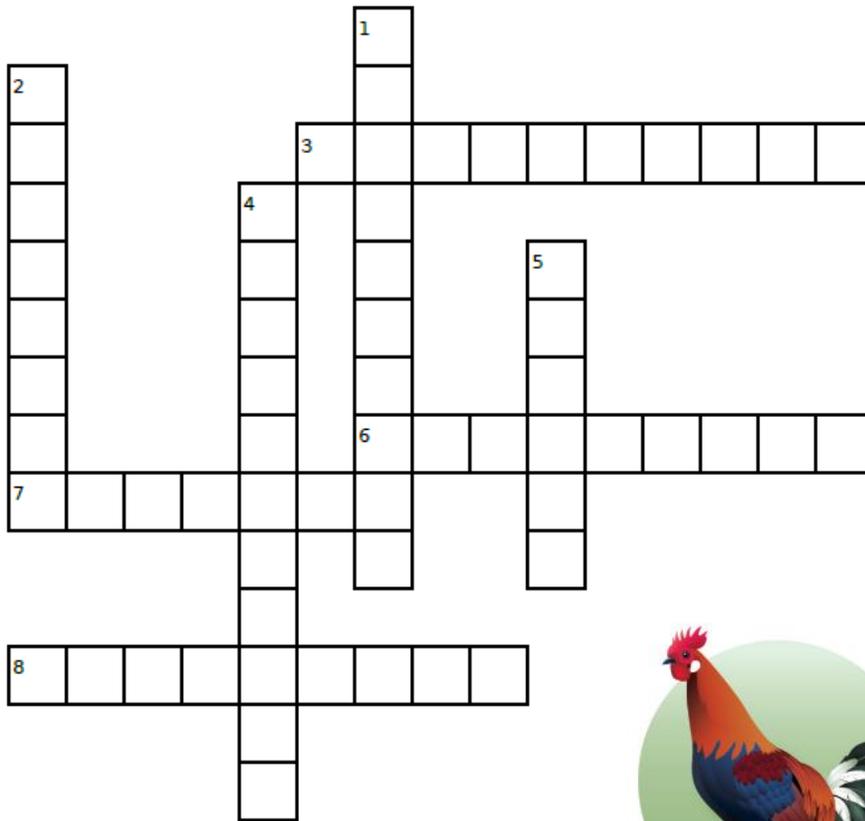
Text adapted from "Experience The Joy Of Bird Watching", [www.nparks.gov.sg/nparksbuzz/issue-36-vol-1-2018/lifestyle/recreation-and-activities/experience-the-joy-of-bird-watching](http://www.nparks.gov.sg/nparksbuzz/issue-36-vol-1-2018/lifestyle/recreation-and-activities/experience-the-joy-of-bird-watching)



Share your love for nature and animals at  
**#NParksBuzz #AnimalBuzzSG**

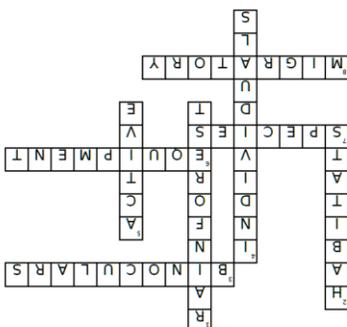
# The Joy of Bird Watching

Fill in the crossword puzzle below with your answers from the previous page!



## Planning to go bird watching? Here are some helpful hints!

- Dress in comfortable clothes in light colours (preferably long pants and a long-sleeved shirt to prevent mosquito bites)
- Put on comfortable walking shoes with socks
- Wear a hat in non-bright colours
- Bring your own drinking water, and pack your own snacks if required
- Bring a good pair of binoculars, pen and notebook to jot down your observations
- Please do not frighten the birds and leave nesting birds alone



Answer key



Share your love for nature and animals at  
#NParksBuzz #AnimalBuzzSG